



# GOOD Things Happen

Newsletter of Minnehaha United Methodist Church  
→ we seek we serve we celebrate

SUMMER 2026

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## Summer Worship

We will continue our series on National Parks for our worship theme through this summer. Many thanks to those of you who have visited many of these parks and have agreed to share your pictures and your stories!

### June 7

Riley Davis preaching  
Matthew 9:9-13, 18-26  
“Gowns, Gloves, and Grace”

### June 14

John Davis preaching  
Matthew 9:35-10:8  
“Geographic Lottery”

### June 21

★ Big Bend National Park  
Exodus 23:31  
“Borderland”

### June 28

★ Great Smoky & Isle Royale National Parks  
I Corinthians 12:12-14  
“A Rich Tapestry”

### July 5

*Communion*  
Baptism of Bryn Southworth  
★ Voyageurs National Park  
Galatians 3:28  
“It Takes All of Us”

### July 12

★ Arches National Park  
I Corinthians 1:10  
“Nothing Is Permanent”

### July 19

★ Badlands National Park  
Psalm 139:1-6  
“Layers”

### July 26

★ Denali National Park  
Proverbs 22:1  
“What’s In A Name”

### Aug. 2

*Communion*  
★ Kenai Fjords National Park  
Matthew 16:2-3  
“Signs and Omens”

### Aug. 9

★ Lassen Volcanic National Park  
Philippians 4:13  
“Use Your Powers for Good”

### Aug. 16

### Aug. 23

*Baby O’Sheridan Baptism*  
★ Mammoth Cave National Park  
Psalm 139:7-8, 11-12  
“You Are the Light”

### Aug. 30

*Pet blessing*  
★ Indiana Sand Dunes National Park  
Romans 15:1-2  
“Good Neighbors”

### Sept. 6

★ Grand Canyon National Park  
Psalm 13  
“Destruction and Faith”





United  
Women  
in Faith

## *United Women in Faith*

As I write this, it seems like it could someday soon become summer or we're going to revert to a cold spring or a very early fall. How wonderful that Minneapolis has such variations in seasons and, looking over our congregation recently on a Sunday morning, how wonderful that we have so many folks I don't know yet but who have found a home at Minnehaha UMC.

You've probably heard me at announcement time explaining that I am the President of your UWF and I want you to 1. Volunteer at an event (usually a sale of some sort) or 2. Come to an event or 3. Provide stuff to sell at an event. I'd like to explain to our many new folks what's going on here. Yes! The UWF is your church women; those ladies who serve for funerals, conduct sales for the missions we support and, in the past, met in Circles for socializing fun.

The United Methodist Women have been around a long time and had chapters in most United Methodist churches along with a National UMW that supported women with educational materials, national and international missions and in person district wide and national conventions. Times change (don't we know it!) and after the Covid pandemic, there was a national name change to attract new members to United Women in Faith; the in-person convention was pretty much dropped and, in the case at Minnehaha UMC, there were no more social events (Circles, Book Group, luncheons). Many United Methodist churches no longer

even have a chapter.

However, our Minnehaha UWF planning committee continued to meet and plan the three annual events for the church and community that we had coordinated before Covid along with continuing to be available to serve at funerals and other receptions. We are "in charge" of the Rummage Sale (with half the income from that going to our church budget), the Bazaar and the Winter Musical. Our two biggest events, which are "staffed" by Minnehaha community volunteers (YOU!), are the Nov. Bazaar, which had a profit in 2025 of \$4,736.14 and the Winter Musical with a profit of \$5,284.22. We spent \$8,830.56 in 2025 with \$1,885 going to the Twin Cities UMW (national missions, etc.) \$1200

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# THE CHURCH RUMMAGE SALE IS COMING!

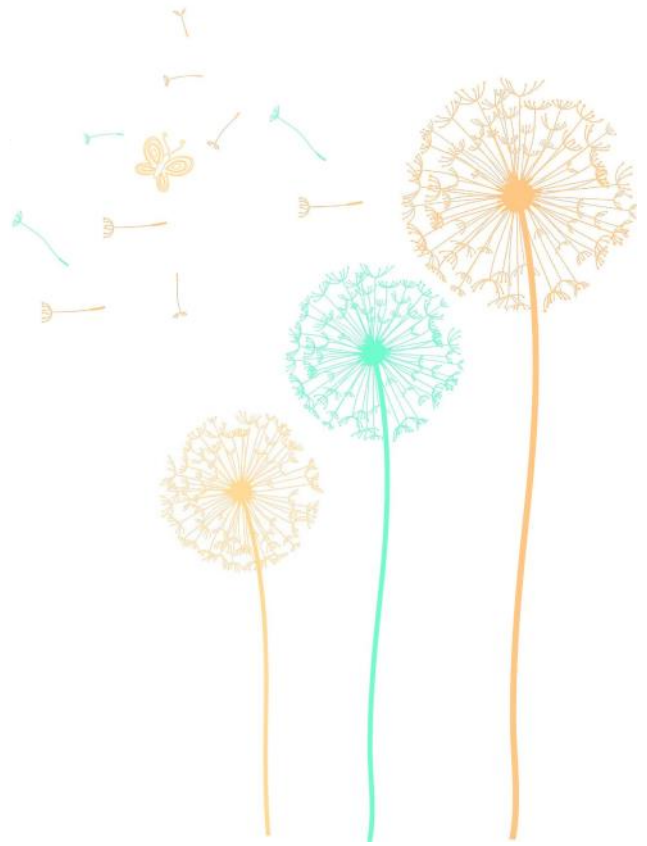
**FRIDAY, JUNE 12: 9AM – 4PM**  
**SATURDAY, JUNE 13: 9AM – 4PM**  
**SUNDAY, JUNE 14: 11AM – 1PM**

Bag Sale On Sunday

**HOUSEWARES & LINENS. TOYS. BOOKS.  
ELECTRONICS. AND MORE! (NO CLOTHES.)**

**MINNEHAHA UNITED METHODIST CHURCH**  
3701 EAST 50TH STREET, MPLS

*Clara plays ukulele during a recent service. We love our wide variety of talents at Minnebaha!*



*(Continued from page 2)*

for office supplies/coffee and the remainder to 10 missions which are listed any time we hold an event along with \$1500 for scholarships.

So, if I make an announcement as representing UWF, that's probably going to be seeking your help or attendance at an event and know we are using your resources and time to aid women and children in need.

- **Announcement #1:** We need some new volunteers to help serve at Simpson Shelter! Usually the last Monday in the month with serving starting at 5:00 and ending at 7:30. We show up at the Shelter on 28th St, and 1st Ave. and assist the chef in prepping a healthy meal for the up to 100 people who are staying in this brand new building. We often carpool from church. We only need 6 people but have been short due to busy schedules. Youth aged 16 and over can come, too. Please let me know if you'd like to get on the list to help out: [maurentrepp@yahoo.com](mailto:maurentrepp@yahoo.com).
- **Announcement #2:** The Rummage Sale was the second week in June and it was a great way to get rid of rummage. Thanks, helpers.
- **Announcement #3:** We can use folks who might be available to serve at funerals or other event receptions or could bring to church dessert bars for the event. Often the events are on Saturdays with set-up the night before. Contact Char Johnson at [cdjohnson51@hotmail.com](mailto:cdjohnson51@hotmail.com)
- **Announcement #4:** There will be a Holiday Bazaar on Nov. 14 with food, vendors of gifts to buy and more food. More on that one later!

May your days be filled with good times and hope as we all live together.

Peace, Maureen Trepp, *UWF President*

*On celebration Sunday our children and youth served up "Stone Soup"*





**MINNEHAHA PLAYGROUP**

9:30am - 11:30am  
Meets Thursdays at a local park  
Check the “Minnehaha Playgroup” Facebook page each week for park location.



*Youth Group escape room trip!*



## *Meet Britt Reuter, New Minnehaha Food Shelf General Manager*

*Welcome, Britt! She started in her new role in April. As a way of introduction, Britt answered six getting-to-know you questions.*

### **Q: What's your 60-second biography?**

A: I'm a licensed nutritionist, and I have a passion for food accessibility, health equity and community building. I've been in private practice for 10 years, and I'm excited to serve the south Minneapolis community at Minnehaha Food Shelf.



### **Q: Do you live in the neighborhood?**

A: I do, I'm in Keewaydin. That was a huge draw, to be able to ride my bike or walk here. I've been in Minneapolis for two years now. I grew up in Stillwater, and I've lived in a handful of places, including eastern Wisconsin and Massachusetts. Every other place has been, "It's good, we like it, we'll be here for a little while," but as soon as my partner and I moved into our house in Minneapolis, we thought, "We are going to be here forever."

### **Q: What draws you to working at a food shelf?**

A: The biggest part is just how food access is a big predictor of health. You can't improve your health if you're not eating enough, you can't improve your diet if you're not eating enough. It all starts with eating enough.

### **Q: You've been on the job for a few weeks. How's it going?**

A: My first order of business has been getting acquainted with how things currently operate. I'm learning a lot from the volunteers. Everyone here seems to know how to organize and operate, which has been hugely helpful for me.

### **Q: Have you had any surprises?**

A: To me it has been learning that all of the volunteers are self-starters. It was nice to arrive here on Day One and not feel that everyone was looking at me and asking, "What do I do?" That was a nightmare I had, because I don't know what to do, I just got here [laughs]. It has been so nice that people come in and roll up their sleeves. They're ready to serve, they have a good attitude and they want to be here. They're in community with one another, but I also see how well they interact with clients, and all of that has been really heartening. I feel like, if I wasn't present, it would still continue to run, which in my opinion is a really nice feeling.

### **Q: What's next?**

A: We'll be working collaboratively to make improvements. I think a lot of people have ideas, and they've been looking for an outlet to share them, so I'm trying to be as receptive and open as I can to feedback, and to new ways of doing things. Having operations go smoothly enables the clients to have a better experience, and that enables us to serve even more people. I think that that's always the goal, to do what we do well, do it efficiently and find opportunities to grow, because the need is growing.

## Rising Need

Food shelf visits in Minnesota have nearly doubled in just three years — from 5.5 million in 2022 to over 9 million in 2025. Our community food shelves are operating at sustained emergency levels, and the need is only growing.

State funding has increased meaningfully since 2023, and there's promising legislation this session. But starting this October, Minnesota is projected to lose \$39 million per year in federal SNAP funding. That's a gap no state bill currently on the table comes close to filling.

Food ministries like the Minnehaha Food Shelf and MinneHarvest are the last line of defense for families in this community, and we need our elected officials at every level to understand the scale of what's coming.



**MinneHarvest**

Our free food give-away once a month is a source of food relied upon by many, and it happens through volunteers who come each month. We gather outside on the 4<sup>th</sup> Saturday of each month; join us on June 27, July 25, and/or August 22 for all or any portion of that time, dress appropriately for the weather, and bring a friend! You can volunteer anytime between 7:00 and 10:30 a.m. We start setting up around 7:00, serve the food starting around 8:00, and are usually done cleaning up by 10:30.

**MINNEHARVEST**  
a food mission of minnehaha united methodist church

### Food Shelf April Statistics

<u>APRIL</u> <u>2026</u>	<u>4/7</u>	<u>4/14</u>	<u>4/21</u>	<u>4/28</u>	<u>4/</u>	<u>MON</u> <u>TOTAL</u>
Children	<u>665</u>	<u>501</u>	<u>470</u>	<u>543</u>		<u>2179</u>
Adults	<u>611</u>	<u>493</u>	<u>481</u>	<u>525</u>		<u>2110</u>
Seniors	<u>126</u>	<u>121</u>	<u>100</u>	<u>115</u>		<u>462</u>
WKLY TOT IND	<u>1402</u>	<u>1115</u>	<u>1051</u>	<u>1183</u>		<u>4751</u>
WKLY TOTAL HH	<u>332</u>	<u>290</u>	<u>256</u>	<u>290</u>		<u>1168</u>

## *Outdoor Worship Air Quality and Heat Policy*

Air quality and heat impact our outdoor worship services and other outdoor activities. Our policy on when we move those things inside is based on how and when the broad population is affected. We encourage everyone to make their own choices about whether attending an event is safe for you.

- For air quality, we will move our worship service inside if the air quality level is in the purple range (AQI of 200 or more). If the levels are in the red range, or any range you feel is unsafe for yourself, we encourage you to wear a N95 mask or stay home and watch the livestream.
- For the heat, we will move our service inside if the heat index is in the extreme caution range (heat index above 90 in the shade).

For both of these situations we will be making a decision based on the forecast by Saturday afternoon. This will allow us to prepare our indoor space to be as comfortable as possible. Please remember that our sanctuary is not air conditioned, so if you are sensitive to heat you may still want to stay home and watch the livestream. We will continue to evaluate these



**Minnehaha United Methodist Church**

## *Help with Wednesday Picnics!*

Scan the QR code to sign up to help with clean up, set up or helping to cook!

You are also encouraged to sign up to bring buns, chips, or side dishes of your choice!



## Ice Cream Social Fundraiser for Minnehaha Food Shelf

Free Live Music  
Featuring Sonic Dream



Wednesday  
July 15th  
6:15 -7:30 pm  
At  
Minnehaha United  
Methodist Church  
3701 E 50<sup>th</sup> Street  
On the side lawn on  
37<sup>th</sup> avenue

Family Friendly!

Ice Cream generously donated by  
**The Minnehaha Scoop**



Come together and make a difference. **Individual donations will benefit Minnehaha Food Shelf** in supporting our community.

# BLESSING OF THE BIKES

SUNDAY, JUNE 7  
10 AM WORSHIP

Come & bike to worship!  
Or bring along your bike, e-bike, or  
scooter & your helmet. We'll have a  
special blessing for them all!



## *Pride Parade*

June is the month for celebrating LGBTQ Pride all over the nation, and the parade and festival in the Twin Cities will be Saturday and Sunday, June 27-28. The Festival is held at Loring Park, and you can go there anytime from 10-10 on Saturday or 10-6 on Sunday. You'll find concerts, food vendors, booths for companies and organizations, and so much more. Their webpage, [TCPride.org](http://TCPride.org) will give you all the information. If you go, look for the Reconciling Congregations booth. The Parade is on Sunday and kicks off at 11:00 a.m. The United Methodist Reconciling Congregations have a walking contingent and members of reconciling congregations are welcome to join in however they can. The units line up on 3<sup>rd</sup> Street, facing Hennepin Ave. and the parade goes down Hennepin Avenue until it reaches Loring Park. You can find our unit number (which will aid in finding our group more quickly) on the pride web page a couple days prior to the parade. We recommend wearing your Minnehaha T-shirt.

# South Wall Project: Raising \$32,500



*This photo of the south wall of the church shows the area where water has entered the building walls and is affecting the rooms on the second and third floors.*



**This is what room 206 looks like right now**



### South Wall Replacement:

The south wall of the church needs to have some work done on it. The mortar and bricks are many decades old, and *water is getting behind the brickwork around the windows*, causing warping and humidity in Room 206.

Work begins the last week of May, and it will cost \$75,000 to repair both Room 206 and the brickwork and mortar. We are matching donations from our own Congregational Trust Fund, so *we need to raise \$32,500 from all of you*.

Thanks to all who have already donated; we have \$10,000 so far. If you would like to donate toward the remaining \$22,500, you can use any way Minnehaha UMC receives funds: via cash, check, QR code, or PayPal.

*Just make a note or write in the memo line of your check "South Wall Project" so we know where to direct your funds. Thank you!*

You can donate to the "South Wall Project" anywhere Minnehaha UMC receives funds: via cash, check, QR code, or PayPal. If you do give, please make a note or write in the memo line of your check "South Wall Project" so we know where to direct your donation. Thank you!

South Wall Building Project





### Rest

Summer is traditionally a time of slower schedules, more vacation, and longer days. Sometimes, we fill those long days with more – but even more travel and more recreation can leave us more exhausted. Take some time this summer to authentically rest. Sit and do nothing for a bit. Listen to the sound of the birds, or the leaves rustling in the trees. Even if it is hard to get outside, open a window if you can.

The psalms speak freely of God’s presence in trees, the mountains, the sun, the clouds, flowers, running water, and so on. And while we can certainly experience God outside the natural world, take some time this summer to experience God within the natural world.

With Joy,  
Becky

*Recent new members and a baptism! Welcome to Minnehaha!*





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4/26

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